

Are the geriatrics/community psych faculty involved in evaluating patients outside the hospital setting (either home visits or ACT team services, “street psychiatry”, etc).

Yes! Easterseals MORC has 4 ACT teams, a Specialized Residential Services team, home-based, and school-based teams. You will have the opportunity to work with these teams during your PGY-1 and PGY-3 years.

Does the program have a research requirement for residents? If so, what requirement(s) are necessary prior to completing residency? What type of support do residents receive in research outside of having statisticians and an academic stipend?

Yes. Each resident must complete a research project by the end of their PGY-4 year to graduate. Residents may begin working on this project at any time during residency, but protected time will be allowed in PGY-4. The project must be one of the following: original research (e.g., observational studies, clinical trials), systematic review or meta-analysis, case series (unique and rare single case reports may be accepted at times), or quality improvement project that requires data collection and statistical analysis. The project must be published, or publishable and presented before an audience (e.g., poster, grand rounds, etc.). In addition to research training in the didactic curriculum, residents will work with the Director of Research, Dr. Gautam, in developing the project and assigning a research mentor. Residents also have access to multiple research resources including the Beaumont Research Institute (including statisticians dedicated to resident projects) and medical libraries at Beaumont and affiliated universities.

What characteristics would you say you look for most in potential future Beaumont residents?

As a new program, I am looking for people with a pioneer spirit. Additionally, the characteristics I look for most in any psychiatrist are empathy, interpersonal awareness, and a growth mindset.

Thank you for taking the time to talk to us, Dr. Guina! Do you foresee/plan any changes to the program in the near future?

As our new hospital, Beaumont Behavioral Health, continues to grow, that will open up many new opportunities for resident rotations. We also plan to expand outpatient Beaumont psychiatric services and integrated care services at our primary care clinics.

I see at the end of PGY-2 year, there's an interventional psychiatry session. Can you talk about what that field entails and how much training Beaumont provides for its residents in this arena?

Psychiatry residents learn about ECT, TMS and esketamine. In PGY-3, you have a rotation that is a half-day every week dedicated to providing interventional psychiatric care.

Are the residents encouraged to give feedback to leadership in any formal way?

Yes. Feedback is not only encouraged, it is required and essential for the program to be the best it can be. Every rotation and didactic has evaluations, both from faculty of residents and residents of faculty. Chief residents run monthly resident meetings to collect feedback and I attend the last 15 minutes to hear it. I then also meet with the Chiefs regularly. I meet with every resident individually twice a year to provide and collect feedback. Finally, we have a Program Evaluation Committee that reviews all feedback and evaluations at the end of each year.

You have great energy, Dr. Guina! Thank you for this informative presentation.